

ASIS MASSAGE EDUCATION

701 S. BROADWAY, CLARKDALE, ARIZONA 86324

BodySaver Massage

Location :Universal Spa Training, 340 Burlington Ave. Downers Grove, IL 60515

WITH BODYSAVER MASSAGE, YOU'LL BE ABLE TO OFFER THERAPEUTIC MASSAGE AT ANY PRESSURE DEPTH WITHOUT USING YOUR THUMBS.

September 24th & 25th

with Patrick Lee Ingrassia

If you take no other continuing education in your massage career, this is the course to enroll in. The BodySaver Method™ is the foundation for a successful massage practice. It will extend the life of your career, allow you to serve more clients, protect you from strain and injury, and enhance every other modality that you practice. In this course, you'll learn to apply the Principles of Longevity-the philosophy and practices that will keep you delivering your best massages longer, seeing more clients, and ultimately allowing you to remain in the career you love without burnout or injuries.



You'll also learn to protect the areas of your body that were not designed to take repeated pressure-such as your thumbs, palms, and lower back-by using your Power Tools, such as the forearms, knuckles, fists, and knees. After taking this course, you'll be able to offer a one hour massage, at any pressure, without using your thumbs. You'll know how to apply the Principles of Longevity to build a successful, lasting career. You'll also know how to combine the BodySaver Method™ with your other modalities, making them safer, more effective, and more fun!

Patrick Lee Ingrassia, LMT, is a world-renowned massage therapist, teacher, and innovator, as well as the founder of the Nayada Institute of Massage. Patrick graduated from the Florida School of Massage, and went on to earn his Thai Massage Teacher Certification from the Institute of Thai

Massage in Chiang Mai, Thailand, after studying extensively with Master Chongkol Setthakorn. He has been teaching massage in the United States, Canada, Costa Rica, and Mexico for over 15 years. Patrick invented the BodySaver Method, a unique modality that allows massage therapists to extend their careers and protect their bodies while delivering effective massage at any pressure. He is a NYS Licensed Massage Therapist, Kripalu Certified Bodyworker, Certified Personal Trainer, and Yoga teacher. Emphasizing experiential training, Patrick teaches creative, practical methods that students can put to use immediately to enhance their massage careers.

Saturday 24th & Sunday 25th 9am-6pm

16 CE Contact Hours

Cost \$350

early registration \$310 if paid in full by July 24th

For more information or to Register
928-639-3455 or toll-free 866-334-3348



WWW.ASISMASSAGE.COM